FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	oe Response	S)														
1. Name and Address of Reporting Person* Del Rio Frank J					2. Issuer Name and Ticker or Trading Symbol Norwegian Cruise Line Holdings Ltd. [NCLH]						H] _ _{X_ Direc}	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirector10% Owner				
(Last) (First) (Middle) 7665 CORPORATE CENTER DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 07/18/2018						X_Offic	X_Officer (give title below) Other (specify below) Pres. & CEO				
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)					_X_ Form fi	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
MIAMI, 1		(State)	(Zip)			Table I -	Non-	.Derivativ	e Seci	urities A	Acquired, Disp					
1.Title of Security (Instr. 3)				emed	3. Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		owing	6. Ownership Form: Direct (D)	7. Nature Indirect Benefici Ownersh	7. Nature of Indirect Beneficial Ownership	
						Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)		t (Instr. 4))	
Common Stock (1)		07/18/2018			S		2,777	D	\$ 50.11 (2)	331,501			D			
Common Stock (1)		07/18/2018			S		300	D	\$ 51.19 (3)	331,201			D			
Common	Stock										40,160			I	By Bre Hill Investr LLC	
Common Stock										17,912			I	By GC Manag LLC		
Common Stock									27,875			I	By FJI Family			
Reminder: I	Report on a s	separate lin	e for each class of				F	Persons contained he form	who r d in th displa	is form	d to the colle n are not requ urrently valid	uired to res I OMB cont	pond	unless	SEC 147	74 (9-02)
1 751 0		- T		(e.g.,	puts, calls,	warrants	, opt	ions, conv	ertible	e securi			0.31	1 0		
Derivative Security (Instr. 3)	Derivative Conversion Date Security Or Exercise (Mon		Fransaction Transaction Trans		Code	n Number a		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	mount of nderlying ecurities nstr. 3 and) mount of Security Security (Instr. 5) nstr. 3 and (Instr. 5) Rep		ative (ties Heiself) Heiself (ties Heiself) H	Security: Direct (D) or Indirect	Beneficial	
					Code V	V (A)		Date Exercisab		piration te	Amount or Title Number of Shares					

Reporting Owners

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Del Rio Frank J 7665 CORPORATE CENTER DRIVE MIAMI, FL 33126	X		Pres. & CEO	

Signatures

/s/Daniel S. Farkas, as attorney-in-fact for Frank J. Del Rio	07/20/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were made pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 15, 2018.
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$50.00 to \$50.45, inclusive. The reporting (2) person undertakes to provide to Norwegian Cruise Line Holdings Ltd. ("NCLH"), any security holder of NCLH, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (2).
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$51.01 to \$51.51, inclusive. The reporting (3) person undertakes to provide to NCLH, any security holder of NCLH, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (3).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.