FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
1. Name and Address of Reporting Person * Del Rio Frank J						2. Issuer Name and Ticker or Trading Symbol Norwegian Cruise Line Holdings Ltd. [NCLH								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) XDirector						
(Last) (First) (Middle) 7665 CORPORATE CENTER DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 11/15/2018								X Officer (give title below) Other (specify below) Pres. & CEO						
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					Line)		
MIAMI, FL 33126 (City) (State) (Zip)														quired, Disposed of, or Beneficially Owned						
		()	2 Trong		2A. Dee	mad	Ta		Non	1						Senefic	6. 7. Nature of		a of	
1.Title of Security (Instr. 3)		Date (Month/Day/Year) Ex		Execution any	Execution Date, if		Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Bei Rej	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		owing	Ownershi Form: Direct (D	p Indirect Benefici Ownersl	Indirect Beneficial Ownership		
								Code	V	Amount	(A) or (D)	Price	:				or Indirection (I) (Instr. 4)	et (Instr. 4)	(Instr. 4)	
Common	Stock (1)		11/15/2	2018				S		3,077	D	\$ 50.23 (2)	3 30	1,321			D			
Common	Stock												40),160			I	By Bre Hill Investr LLC		
Common	Stock												17	,912			I	By GC Manag LLC	CO gement,	
Common	Stock												27	,875			I	By FJI Family		
Reminder:	Report on a s	separate lin	e for each	class of se	ecurities	beneficial	ly o	wned d					14.4					GEG 14	74 (0.02)	
									-	containe	d in t	his forn	n are	not requ	ction of info ired to res OMB cont	pond	unless	SEC 14	74 (9-02)	
				Table I										ly Owned						
1. Title of Derivative Security (Instr. 3) Conversior or Exercise Price of Derivative Security		3. Transaction 3A. Deemed		ed Date, if	4. Transact Code	5. Number of		er tive ties red sed	and Expiration Date (Month/Day/Year)			7. Tit Amo Unde Secu	tle and ount of erlying rities r. 3 and	(Instr. 5) Be Ov Fo Re Tr (Ir	Deriva Securi Benef Owner Follow Repor	rivative curities deficially med lowing ported maaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Naturo of Indirec Beneficia Ownershi (Instr. 4)		
						Code	V	(A)		Date Exercisab		piration	Title	Amount or Number of Shares						

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Reporting Owner Name / Address						

Del Rio Frank J 7665 CORPORATE CENTER DRIVE MIAMI, FL 33126	X		Pres. & CEO	
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Signatures

/s/ Daniel S. Farkas, as attorney-in-fact for Frank J. Del Rio	11/16/2018		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were made pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 15, 2018.
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$50.00 to \$50.46, inclusive. The reporting (2) person undertakes to provide to Norwegian Cruise Line Holdings Ltd. ("NCLH"), any security holder of NCLH, or the staff of the Securities and Exchange Commission,
- upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (2).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.