FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Response	S)														
1. Name and Address of Reporting Person * Del Rio Frank J					2. Issuer Name and Ticker or Trading Symbol Norwegian Cruise Line Holdings Ltd. [NCLH]						H] _ _{X_ Direc}	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner				
(Last) (First) (Middle) 7665 CORPORATE CENTER DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 01/30/2019						X_Offic	X_Officer (give title below) Other (specify below) Pres. & CEO				
(Street)				4. If <i>i</i>	4. If Amendment, Date Original Filed(Month/Day/Year)					_X_ Form fi	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
MIAMI, I		(State)	(Zip)			Table I -	Non-	-Derivativ	e Seci	urities A	Acquired, Disp	osed of, or B	Renefici	ially Own	ed	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	ned n Date, if	3. Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		owing	6. Ownershi Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
						Code	V	Amount	(A) or (D)	Price		or Indirec (I) (Instr. 4)		(Instr. 4))	
Common Stock (1)		01/30/2019			S		5,554	D	\$ 50.37 (2)	295,767			D			
Common Stock (1)		01/30/2019			S		600	D	\$ 51.07 (3)	295,167			D			
Common	Stock										40,160			I	By Bre Hill Investr LLC	
Common	Stock										17,912			I	By GC Manag LLC	
Common Stock									27,875			I	By FJI Family			
Reminder: F	Report on a s	separate line	e for each class of s		•		F c t	Persons contained he form	who r d in th displa	is form ays a c	d to the colle n are not requirently valid	uired to res I OMB cont	pond	unless	SEC 147	74 (9-02)
1 77'41 . C		2 75		(e.g., p	uts, calls,	warrants	, opt	ions, conv	ertible	e securi	ties)	1	0.31	1 6	0	11 37 /
Derivative Security (Instr. 3)	Derivative Conversion Date or Exercise (Mont		ansaction ath/Day/Year) 3A. Deemed Execution Da any (Month/Day/		4. Transaction Code Year) (Instr. 8)		n Number a				7. Title and Amount of Underlying Securities (Instr. 3 and 4)	mount of Inderlying ecurities Instr. 3 and Instruction of Instr. 5		tive ties I cially I d Sying I ted caction(s)	Ownership of Be Orm of Overivative ecurity: Oirect (D) r Indirect	11. Nature of Indirec Beneficial Ownershi (Instr. 4)
					Code V	/ (A)		Date Exercisab		piration te	Amount or Title Number of Shares					

Reporting Owners

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Del Rio Frank J 7665 CORPORATE CENTER DRIVE MIAMI, FL 33126	X		Pres. & CEO	

Signatures

/s/ Daniel S. Farkas, as attorney-in-fact for Frank J. Del Rio	02/01/2019	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were made pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 15, 2018.
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$50.00 to \$50.97, inclusive. The reporting (2) person undertakes to provide to Norwegian Cruise Line Holdings Ltd. ("NCLH"), any security holder of NCLH, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (2).
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$51.02 to \$51.11, inclusive. The reporting (3) person undertakes to provide to NCLH, any security holder of NCLH, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (3).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.